



Senior Advisory Commission Meeting Minutes:
April 9, 2019

LOCATION: Senior Activity Center
The Marq Southlake – Legends Hall Executive Boardroom
285 Shady Oaks Drive
Southlake, Texas

Members Present: Chair Beverly Blake, Vice Chair MaryLee Alford, Secretary Marge Kyle and SAC members, Esther Spickler, Kathryn Orlor, Patty Howell (Alt #1)

Commission Members Absent: Barbara Pappy and Greta Schumacher (Alt #2)

Staff Members Present: Director of Community Services Department Chris Tribble, Assistant to the City Manager Lauren LaNeave, Policy and Strategic Initiative Principal Planner Jerod Potts, Senior Services Coordinator Soheila Phelps, and Community Services Department Secretary Linda Carpenter

Guests: CARS President Ernie Meyer and SSFI officer and former Senior Advisory Commission member Bernie McCauley

1. CALL TO ORDER

Chair Beverly Blake called the meeting of the Senior Advisory Commission to order at 1:00 p.m.

2. PUBLIC FORUM – Chair Beverly Blake opened Public Forum.

Bernie McCauley, 900 Wildwood, Southlake, former Senior Advisory Commission member and current SSFI officer, offered positive comments regarding improvements to the Senior Center parking lot; spoke about inviting SAC members to weekly senior congregate luncheons; and asked if a mirror could be installed in the senior center.

Chair Blake acknowledged the Public Forum comments. There being no one else to address the Commission, Public Forum was closed.

3. DISCUSSION

3A. SOUTHLAKE 2035 HEALTH & WELLNESS MASTER PLAN PRESENTATION

Policy and Strategic Initiative Principal Planner Jerod Potts presented an overview of the 2035 Health & Wellness Master Plan elements relating to seniors and responded to questions. Mr. Potts reviewed the Health & Wellness Master Plan recommendations addressing physical health, nutrition, staying active and mental

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health issues. The Senior Advisory Commission responded favorably to the proposed recommendations as presented, and offered additional feedback below.

Natural and Built Environment Recommendations

- Tethered tool bike repair stations are desirable
- Possibility Southlake sidewalks also become bike lanes (Bike lanes are addressed in Pathway/Mobility Master Plans, and a bike map is recommended as well)

Mental & Physical Health Recommendations

- Commission members expressed concern for the inclusion of seniors living in area assisted living centers and the seniors in the community that are not participating in senior center programs and activities, as well as the seniors that are currently involved with the Senior Center.

Age-Friendly Community Recommendations

- Residential quarters – Senior citizens desire affordable senior housing in Southlake and the ability to have separate dwelling (i.e., “mother-in-law” quarters or “grannie” suites) units on same site of family residence, which are prohibited by zoning code except as approved by the Zoning Board of Adjustment. Subdivision homeowners associations also prohibit separate living quarters on single family property. The Senior Advisory Commission recognizes the City does not regulate subdivision homeowner association restrictions or deed covenants; however, Commission members inquired about the possibility of updating the zoning and subdivision ordinances to allow additional zoning districts that would permit “dwelling in place,” separate living dwelling in single family zoning districts, thereby giving Planning & Zoning Commission and homeowners associations flexibility to approve a separate dwelling on single family lots.
- Similar to the “Take Me Home” program, Commission members favor a program where seniors with no local family, or no family at all, could be registered and be regularly checked in on.

Community Resiliency Recommendations (safety and security)

- The Commission did not make any additional suggestions to the recommendations for Community Resiliency.

Commission members were invited to attend an Open House and final review of the proposed recommendation for the Health and Wellness Master Plan on April 17, 2019 at Town Hall.

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Aside from comments concerning the Health & Wellness Master Plan recommendations, Commission members inquired if the “Stop” sign located at Bicentennial Park and White Chapel Boulevard could be moved closer to the White Chapel Boulevard to aid driver visibility exiting the park. Staff advised the Stop sign will be properly placed when White Chapel Boulevard widening project is completed.

Chairman Beverly Blake left the meeting at 1:55 p.m. and turned the meeting over to Vice Chair MaryLee Alford to preside over the remainder of the meeting.

3B. METROPORT MEALS ON WHEELS REPORT

Metroport Meals On Wheels (MMOW) January and February detail reports, as well as the 2019 cumulative report, were included in the meeting packet. *The regular MMOW oral report is scheduled at the May SAC meeting.*

3C. CALL A RIDE SOUTHLAKE REPORT

Call A Ride Southlake, Inc. (CARS) Chairman Ernie Meyer provided a hand-out and reported on CARS activities. The CARS 2019 cumulative report was included in the meeting packet. *The regular CARS oral report is scheduled for the May SAC meeting.*

3D. COMMUNITY SERVICES REPORT

Senior Services Coordinator Soheila Phelps presented the January and February Senior Center membership statistics and responded to questions. Of special interest, membership and participation statistics for January and February showed “Southlake resident” membership and participation outnumbered “non-resident”. Copies of the dashboard reports were included in the packet.

3E. SENIOR SERVICES REPORT

Senior Services Coordinator Soheila Phelps updated the Commission about recent relocation of some senior programs from Legends Hall to the newly opened Champions Club. Also reported was Senior Recreation Specialist Debora Marina has resigned from the Senior Center and will take the Office Assistant position in the Office of the City Secretary.

4. CONSENT

CONSENT AGENDA Consent Agenda items are considered routine by the Commission and are enacted with one motion.

4A. APPROVAL OF THE MINUTES FROM THE FEBRUARY 12, 2019 REGULAR SENIOR ADVISORY COMMISSION MEETING.

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Chair Beverly Blake presented the Consent Agenda, including approval of the minutes of the February 12, 2019 meeting.

APPROVED

A motion was made to accept the minutes of February 12, 2019 meeting as read.

Motion: Kyle
Second: Orlor
Ayes: Alford, Kyle, Orlor, Spickler, Howell (Alt #1)
[SAC Alternate substituted for an absent regular member]
Nays: None
Abstention None
Vote: 5-0
Motion passed.

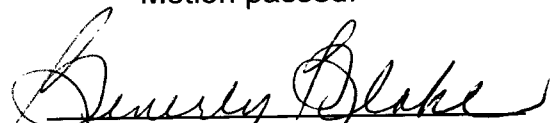
5. **CONSIDER** - There were no items to Consider at this meeting.

6. **ADJOURNMENT**

APPROVED

A motion was made to adjourn the meeting at 2:18 p.m.

Motion: Spickler
Second: Howell
Ayes: Alford, Kyle, Orlor, Spickler, Howell (Alt #1)
[SAC Alternate substituted for an absent regular member]
Nays: None
Abstention None
Vote: 5-0
Motion passed.


Beverly Blake, Chair


Community Services Department

A digital recording of this meeting is available by request in the Office of the City Secretary.

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SOUTHLAKE

PUBLIC COMMENT CARD



Please give completed card to City Staff.

PLEASE DO NOT COMPLETE A FORM FOR SOMEONE NOT IN ATTENDANCE.

Name: Jennie McCauley

Date: 4/9/19

Address: _____

Phone (optional): _____

Email (optional): _____

Agenda Item # parking lot - lunch (MUST BE COMPLETED)

I will speak in SUPPORT of this item

I will speak in OPPOSITION of this item

I do not wish to speak, but please record my: SUPPORT OPPOSITON

I wish to speak during PUBLIC FORUM on an item not on the Agenda

Topic: _____

Note: To allow everyone an opportunity to be heard, please limit your comments to 3 minutes.



Senior Advisory Commission Sign-in Sheet
April 9, 2019 @ 1pm
Senior Activity Center – The Marq Southlake
285 Shady Oaks Dr. - Southlake, TX

Vacant (Place 1)

MaryLee Alford (Place 2), Vice Chair

Kathryn Orlor (Place 3)

Barbara Pappy (Place 4)

Esther Spickler (Place 5)

Beverly Blake (Place 6), Chairman

Margie Kyle (Place 7), Secretary

Patty Howell (Alt 1)

Greta Schumacher (Alt 2)

MaryLee Alford
Kathryn Orlor

Esther Spickler
Beverly Blake
Margie Kyle
Patty Howell

Absent

STAFF

Chris Tribble

Kate Meacham

Ashley Newhart

Soheila Phelps

Chris Tribble
Kate Meacham
Ashley Newhart
Soheila Phelps

GUESTS (PLEASE PRINT)

Ernie Meyer (CARS)

Brighton Greene (CARS)

Erik Phelps (CARS)

Mary King (MMOW)

Bernie McCauley (SSFI)

Jerod Potts (Planning)

Ernie Meyer
Brighton Greene
Erik Phelps
Mary King
Bernie McCauley
Jerod Potts

Lauren Lanzone