

# Safety Spotlight

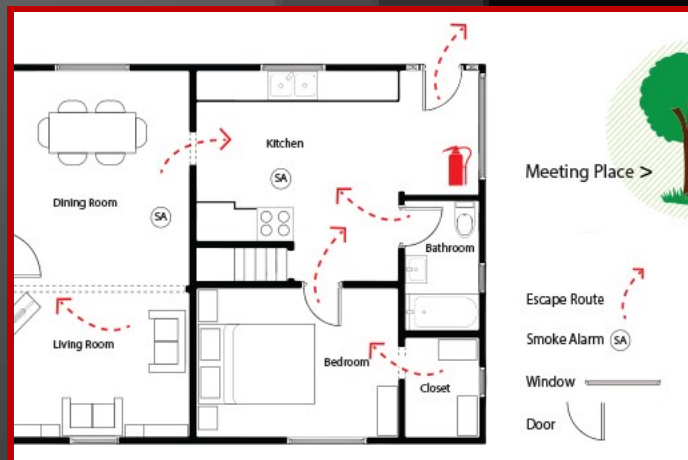
## EDITH—Exit Drills in the Home

### January 2016

Planning ahead is a way to minimize the risk to your family during a fire. If a fire breaks out in your home, you have only a few minutes to get out safely once the smoke alarm sounds. Everyone needs to know what to do and where to go if there is a fire. The best way to achieve this is to install and maintain smoke alarms, make an escape plan and practice it with your family.

#### Safety Tips

- Make a home escape plan. Draw a map of your home showing all doors and windows. Discuss the plan with everyone in your home.
- Know at least two ways out of every room, if possible. Make sure all doors and windows leading outside open easily.
- Have an outside meeting place (like a tree, light pole or mailbox) a safe distance from the home where everyone should meet.
- Practice your home fire drill at night and during the day with everyone in your home, once per month alternating between day and night drills.
- Practice using different ways to get out.
- Teach children how to escape on their own in case you are not able to help them.
- Close doors behind you as you leave.



#### If the alarm sounds

- If the smoke alarm sounds, get out and stay out. Never go back inside for people or pets.
- If you have to escape through smoke, get low and crawl under the smoke to your way out.
- Call the fire department from outside your home.

Life and Property Preservation Through Public Education

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