

Safety Spotlight

Big Game of Safety

February 2016

Defend Against Fire

One of the most important things in football is safety equipment. The helmet, shoulder pads and mouth piece are just a few of the things that protect the players. Football players use these tools for protection during their game. Here are a few tips to help you be protected.

- ◇ Keep an eye on what you fry.
- ◇ Turn off burners before leaving the kitchen.
- ◇ Wear short sleeves or roll up your sleeves when cooking.
- ◇ Supervise your children while in the kitchen.
- ◇ Turn pot handles inwards while cooking on the stove top.



Make a Game Plan for the Big Game - Drinking or Driving?

Are you drinking or driving for the big game? Before you begin rooting for your team, make a game plan to help keep you and your family safe on the roads. If you are drinking, designate your driver, whether it's a friend, relative or taxi. If you are the designated driver, refrain from any alcohol and know you are serving an important safety role.



Make safety part of your game plan.

Life and Property Preservation Through Public Education

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