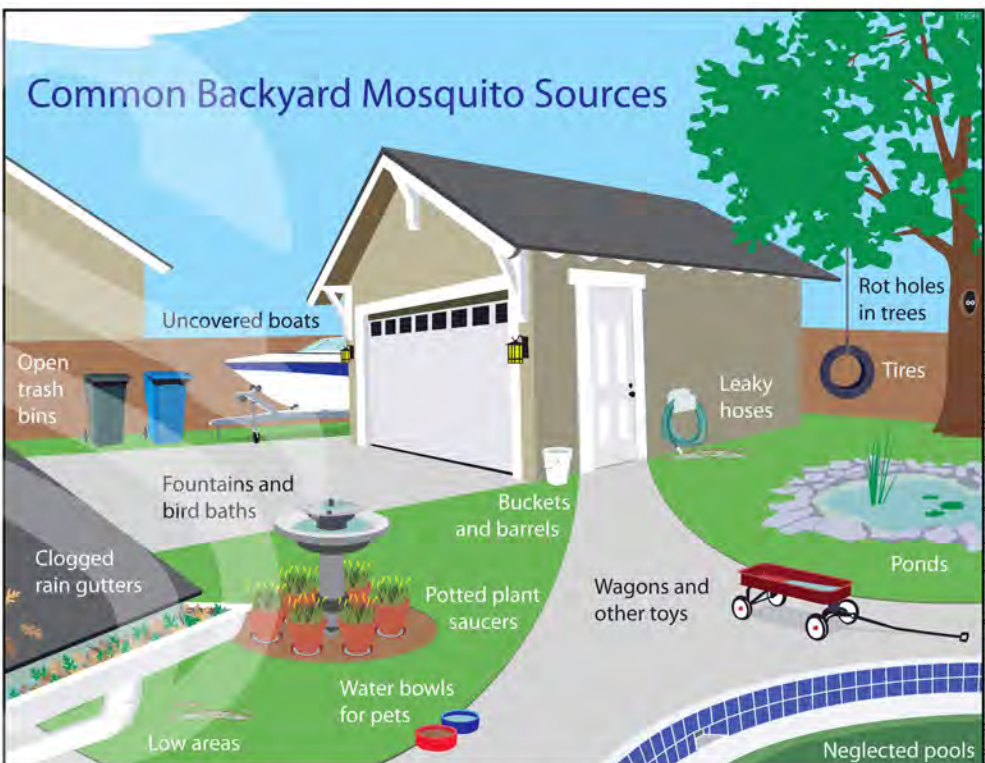


IS THIS YOUR BACKYARD?

You could be rolling out the welcome mat for mosquitoes carrying the West Nile Virus. By eliminating areas of standing water in your backyard, you reduce the WNV threat.

Common Backyard Mosquito Sources



DON'T WELCOME MOSQUITOES TO YOUR HOME

For More Information:
City of Southlake
West Nile Virus Info:
www.CityofSouthlake.com/WestNileVirus
(817) 748-8624



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FIGHT THE BITE



Protect yourself against West Nile Virus

Everything's bigger in Texas; some might say that includes the bugs! Remember the **Four D's** for your defense against mosquitoes:

- **DRAIN** standing water in your yard and neighborhood to cut mosquito breeding sites (old tires, flowerpots, and clogged rain gutters).
- **DUSK & DAWN** are the times of day you should try to stay indoors; this is when mosquitoes are most active.
- **DRESS** in long sleeves and pants when you're outside, and spray thin clothing with repellent.
- **DEET** (N,N-diethyl-m-toluamide) is an ingredient to look for in your insect repellent (check for 10-30%).

SYMPTOMS

(Remember, most people affected with WNV show NO symptoms.)

Mild Symptoms,
appearing in some
people (~20%):

- Fever
- Headache
- Nausea
- Vomiting
- Body aches
- Swollen lymph nodes
- Skin rash

Serious symptoms, appearing in
very few people (less than 1%):

- High fever
- Headache
- Neck stiffness
- Stupor
- Disorientation
- Coma
- Tremors
- Convulsions
- Muscle weakness
- Vision loss
- Numbness
- Paralysis

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